# Reading Well Books on Prescription for dementia list

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|  |  | Title | Author | Publisher |
| **1. Information and advice** | **Normal ageing and memory problems** | Introduction to the Psychology of Ageing for Non-Specialists | Ian Stuart-Hamilton | Jessica Kingsley |
| Coping with Memory Problems | Sallie Baxendale | Sheldon Press |
| **About dementia** | Alzheimer’s and Other Dementias: Answers at Your Fingertips | Alex Bailey | Class Publishing |
| Understanding Alzheimer’s Disease & Other Dementias | Nori Graham and James Warner | Family Doctor |
| ABC of Dementia | Bernard Coope and Felicity Richards | John Wiley |
| About Dementia: For People with Learning Disabilities | Karen Dodd, Vicky Turk and Michelle Christmas | BILD Publications |
| **For children** | Grandma | Jessica Shepherd | Child’s Play |
| **2. Living well with dementia** |  | First Steps to Living with Dementia | Simon Atkins | Lion Books |
| Dementia Positive | John Killick | Luath Press |
| Hearing the Person with Dementia: Person-Centred Approaches to Communication for Families and Caregivers | Bernie McCarthy | Jessica Kingsley |
| **Activities to share** | Chocolate Rain: 100 Ideas for a Creative Approach to Activities in Dementia Care | Sarah Zoutewelle-Morris | Hawker |
| Pictures to Share (various titles)\* | Helen Bate | Pictures to Share |
| **3. Support for relatives and carers** | | When Someone You Love Has Dementia | Susan Elliot-Wright | Sheldon Press |
| And Still the Music Plays: Stories of People with Dementia | Graham Stokes | Hawker |
| Can I Tell You about Dementia? A Guide for Family, Friends and Carers | Jude Welton | Jessica Kingsley |
| Dementia: Support for Family and Friends | Dave Pulsford and Rachel Thompson | Jessica Kingsley |
| 10 Helpful Hints for Carers: Practical Solutions for Carers Living with People with Dementia | June Andrews | University of Stirling, Dementia Services Development Centre |
| Seeing Beyond Dementia: A Handbook for Carers with English as a Second Language | Rita Salomon | Radcliffe Publishing |
| **4. Personal stories** | | Dancing With Dementia: My Story of Living Positively with Dementia | Christine Bryden | Jessica Kingsley |
| Dear Dementia: The Laughter and the Tears | Ian Donaghy | Hawker |
| Still Alice | Lisa Genova | Simon & Schuster |
| Losing Clive to Younger Onset Dementia: One Family’s Story | Helen Beaumont | Jessica Kingsley |
| Telling Tales About Dementia: Experiences of Caring | Lucy Whitman | Jessica Kingsley |
| The Little Girl in the Radiator: Mum, Alzheimer’s and Me | Martin Slevin | Monday Books |
| But Then Something Happened: A Story of Everyday Dementia | Chris Carling | Golden Books |

*7 titles ter and the Tearsd Michelle Christmas (BILD Publications 2005)*

\*The following twelve titles are available in the Pictures to Share series. We advise libraries to add one title of their choice to the Reading Well Books on Prescription for dementia list.

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| **Title** | **Author** | **Publisher** |
| Beside the Seaside in Pictures | Helen Bate | Pictures to Share |
| Childhood Days in Pictures | Helen Bate | Pictures to Share |
| The Countryside in Pictures | Helen Bate | Pictures to Share |
| Family Life in Pictures | Helen Bate | Pictures to Share |
| A Funny Old World in Pictures | Helen Bate | Pictures to Share |
| In the Garden in Pictures | Helen Bate | Pictures to Share |
| Pets in Pictures | Helen Bate | Pictures to Share |
| Proverbs and Sayings | Helen Bate | Pictures to Share |
| Shopping in Pictures | Helen Bate | Pictures to Share |
| A Sporting Life in Pictures | Helen Bate | Pictures to Share |
| Travelling in Pictures | Helen Bate | Pictures to Share |
| A World of Work in Pictures | Helen Bate | Pictures to Share |