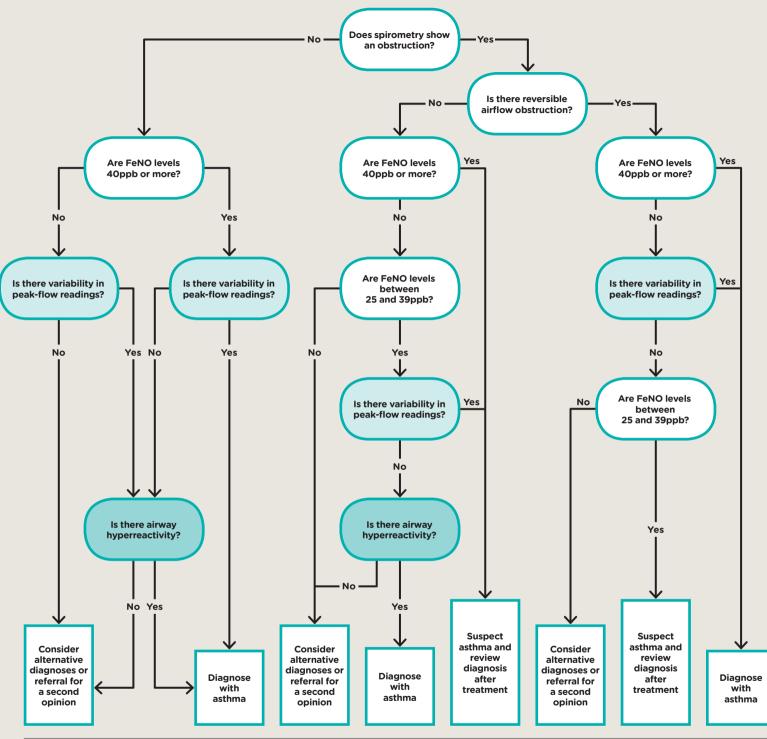
## Objective tests in adults aged 17 and over with suspected asthma



Abbreviations FeNO: fractional exhaled nitric oxide BDR: bronchodilator reversibility

## **Positive test thresholds**

*Obstructive spirometry:* FEV1/FVC ratio less than 70% (or below the lower limit of normal if available) *FeNO:* 40ppb or more

BDR: improvement in FEV1 of 12% or more and increase in volume of 200ml or more Peak-flow variability: variability over 20%

Direct bronchial challenge test with histamine or methacholine: PC20 of 8mg/ml or less

This algorithm is based on recommendations from NICE's guideline on asthma: diagnosis, monitoring and chronic asthma management (published November 2017)